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GENERAL RESOURCES

| Local Services for Seniors

- **Aging Life Care Association**

The Aging Life Care Association (ALCA) is a nonprofit association with over 2,000 members. Its mission is to lead the community of Aging Life Care Professionals™ through education, professional development, and the highest ethical standards.

- **Eldercare Locator**

The Eldercare Locator, a public service of the Administration on Aging, U.S. Department of Health and Human Services, is a nationwide service that connects older Americans and their caregivers with information on senior services.

- **Next Avenue**

Next Avenue is public media's national journalism service for America's older population. The daily content delivers ideas, context, and perspectives on issues that matter to older people. Subject areas include health and well-being, money and security, work and purpose, living and learning, and caregiving.

| Major Organizations and Government Agencies

- **AARP**

AARP is a nonprofit, nonpartisan organization, with a membership of more than 37 million, that helps people 50+ have independence, choice, and control in ways that are beneficial to them and society as a whole. AARP believes strongly in the principles of collective purpose, collective voice, and the collective power of the 50 and over population to change the market based on their needs.

- **Administration on Aging (AoA)**

The Administration on Aging (AoA) is the Federal agency responsible for advancing the concerns and interests of older people and their caregivers. AoA works with and through the Aging Services Network to promote the development of a comprehensive and coordinated system of home and community-based long-term care that is responsive to the needs and preferences of older people and their family caregivers. AoA is part of the Department of Health and Human Services and is headed by the Assistant Secretary for Aging, who reports directly to the Secretary.

- **American Society on Aging (ASA)**

Founded in 1954 as the Western Gerontological Society, ASA is a professional membership organization that promotes the knowledge and skills of those who seek to improve the quality of life of older persons and their families. The 5,000 members of ASA represent a diversity of settings and professional disciplines including practitioners, educators, administrators, business people, researchers, and students. The Business Forum on Aging, a business-to-business network that links companies with the field of aging, is a part of ASA. The annual Aging in America Conference attracts 2,000-3,000 registrants. ASA member benefits include webinars, age blogs, forums, and publications.

- **Consumer Finance Protection Bureau (CFPB)**

CFPB produces a variety of educational tools about saving and handling money, studies how consumers interact with financial products and services, and conducts research on financial literacy. It also has tools and information to help older people with financial challenges. There is a resource guide for consumers called Money Smart for Older Adults—Prevent Financial Exploitation curriculum. It is also available as a training module for instructors. CFPB also publishes a guide called Managing Someone Else's Money

guides for agents under power of attorneys, guardians, and trustees, as well as additional resources for older persons.

- **Gerontological Society of America (GSA)**

GSA, founded in 1945, is an interdisciplinary membership organization devoted to research, education, and practice in the field of aging. It fosters collaboration between physicians, nurses, biologists, behavioral and social scientists, psychologists, social workers, consumers, policy experts, those who study the humanities, and other scholars and researchers in aging. GSA provides a “home” for career gerontologists, researchers, and academics, and publishes peer-reviewed journals and other publications. It also holds an annual conference.

- **International Federation on Aging (IFA)**

IFA is an international non-governmental organization (NGO) with a membership base comprised of government, NGOs, industry, academia, and individuals in 70 countries. It has general consultative status with the United Nations and is a voice on behalf of older persons globally. Its website includes blogs, news items, and reports. IFA holds an international conference every other year.

- **National Aging in Place Council (NAIPC)**

With the goal of helping people remain independent in their homes as long as possible, NAIPC has established a network of professionals from the private, public, and non-profit sectors to help plan policies, programs, and practical solutions for future housing and care needs. The website provides ideas and information on remaining at home.

- **National Association of Area Agencies on Aging (N4A)**

N4A is a 501c(3) membership association representing America’s national network of 622 Area Agencies on Aging (AAAs) and providing a voice in the nation’s capital for the 256 Title VI Native American aging programs. AAAs are funded through the Older Americans Act and are charged with planning, developing, and coordinating systems of supportive services. Its mission is to build the capacity of members so they can help older people and people with disabilities live with dignity and choices in their homes and communities for as long as possible. While the organization is focused on a specific membership, AAAs locally provide a wealth of resources to older people and their caregivers. N4A also administers the Eldercare Locator and provides helpful consumer brochures.

- **National Council on Aging (NCOA)**

The mission of NCOA, a non-profit organization founded in 1960, is to improve the lives of older persons, especially those who are struggling. NCOA partners with other non-profits, government, and businesses to provide innovative community programs and services, online help, and advocacy. Its website has three sections: one for professionals, one for older people and their caregivers, and one for advocates.

| Research for Professionals

- **AARP Issues and Topics**

The AARP Research division studies and reports on Social Security, Medicare, long-term care and caregiving, work and job security, healthy living, technology, and relationships.

- **AARP Public Policy Institute**

The Public Policy Institute publishes analysis and reports on topics such as financial security, health care, and quality of life.

- **Alliance for Aging Research**

The Alliance for Aging Research is the nation’s leading non-profit organization dedicated to supporting and accelerating the pace of medical discoveries to vastly improve the universal human experience of aging and health.

- **Center for Retirement Research at Boston College**

The Center for Retirement Research at Boston College focuses its research on income in retirement. The main research areas are Social Security, state and local pensions, health and long-term care, financing retirement, and older workers. They also study behavioral factors that influence individual decisions.

- **Congressional Budget Office**

Congressional Budget Office has a range of studies about retirement, including leading studies on the retirement behavior of boomers.

- **Employee Benefit Research Institute (EBRI)**

EBRI was founded in 1978 to conduct and encourage others to conduct research on employee benefits, to disseminate information, and to convene forums and conferences where discussion of employee benefit issues can occur. The long-running Retirement Confidence Survey is a representative study of individuals age 25 and over that tracks attitudes and self-reported behaviors over time about retirement income prospects.

- **Health and Retirement Study**

Supported by the National Institute on Aging and the Social Security Administration, The University of Michigan Health and Retirement Study (HRS) surveys more than 22,000 Americans over the age of 50 every two years. The study paints an emerging portrait of an aging America's physical and mental health, insurance coverage, financial status, family support systems, labor market status, and retirement planning.

- **National Institute on Aging**

NIA, one of the 27 Institutes and Centers of NIH, leads a broad, scientific effort to understand the nature of aging and to extend the healthy, active years of life. NIA is the primary Federal agency supporting and conducting Alzheimer's disease research. The website contains a wide variety of research-based information and resources related to health and aging for the general public. It also has sections for researchers and health providers.

- **Pew Research Center**

The Pew Research Center, supported by the Pew Charitable Trust, informs the public about issues, attitudes, and trends shaping the United States and the world. Pew conducts public opinion polling, demographic research, and content analysis. Their surveys have tracked technology use and older people as well as lifestyle and generational issues.

- **The Center on Aging and Work at Boston College**

Three searchable databases on facts, research, and best practices on a wide range of retirement issues.

| Statistics

- **Administration for Community Living (ACL)**

ACL, of which the U.S. Administration on Aging is a part, provides data and statistics on older persons and on persons with physical and intellectual and developmental disabilities. The website has links to various databases and research reports, including population projections in the 21st century, minority aging, and key indicators of well-being.

- **Aging Integrated Database (AGID)**

The five-year 2008-2012 American Community Survey (ACS) Special Census Tabulation is available in AGID. ACS data in AGID's Data Files section can be accessed under "Special Census Tabulations." It contains data for a range of age groups, five-year estimates of disability and health insurance data, combinations of disabilities, and combinations of disability and health insurance.

- **Census Data and Population Estimates**

The Census is issued every 10 years, and every year, the Census Bureau issues updated estimates of the

total population of the U.S. by age, sex, and race. This contains data on aging from the 1990, 2000, and 2010 Census and national, state, and local population estimates by year.

- **Federal Interagency Forum on Aging-Related Statistics**

This is the site of the Federal Interagency Forum on Aging-Related Statistics from which you can obtain their report: Older Americans 2004: Key Indicators of Well-Being. This report covers 37 key indicators of aspects of the lives of older Americans and their families. The report is divided into five subject areas: population, economics, health status, health risks and behaviors, and health care.

- **General Accounting Office**

From the General Accounting Office home page, click on “GAO Reports,” and then scroll down to “GAO Archives.” Clicking on this link will give you a friendly search engine to find reports for which you do or do not have the title. When you find the report you are looking for you may download/print the summary or the full report for which you have a text or PDF option.

- **Health and Retirement Study (HRS) Databook**

The University of Michigan Health and Retirement Study (HRS), launched in 1992 and sponsored by the National Institute on Aging and the Social Security Administration, is a longitudinal panel study that surveys a representative sample of approximately 20,000 people in the USA. Through in-depth interviews, the HRS provides a detailed portrait and growing body of multidisciplinary data on the physical and mental health, insurance coverage, financial situations, family support systems, work status, and retirement planning of adults age 50 and over.

- **Kaiser Family Foundation Health Information**

Kaiser Family Foundation Health Information offers comprehensive health information for all 50 states, D.C. and the U.S. territories.

- **Profile of Older Americans**

(Administration on Aging, Administration for Community Living, U.S. Department of Health and Human Services)
The Profile, updated annually, contains demographic data on the older population age 65 and over in the following areas: future growth, marital status, living arrangements, racial and ethnic composition, geographical distribution, income, poverty, housing, employment, education, health and health care, health insurance coverage, and disability and activity level. Principal sources of data for the Profile are the U.S. Census Bureau, the National Center for Health Statistics, and the Bureau of Labor Statistics.

- **The Commonwealth Fund**

Many Commonwealth Fund reports are available on this site. For example, you may obtain “The Roles of Medicare and Medicaid on Financing Health and Long-Term Care for Low-Income Seniors: A Chart Book on Medicare-Medicaid Enrollees in Four States.”

- **The Consumer Expenditure Survey**

The Consumer Expenditure Survey annual reports and various data tables are available on this Bureau of Labor Statistics website.

- **The Federal Interagency Council on Statistical Policy**

A trusted source for federal statistical information since 1997. FedStats supports a community of practice for over 100 agencies engaged in the production and dissemination of official federal statistics, and provides the public with a showcase of information, tools and news related to official federal statistics.

- **U.S. Census Bureau**

Here’s where you can get census bureau population profiles in many different categories.

| On Aging

- **AgeLab**

The MIT AgeLab was created in 1999 to invent new ideas and creatively translate technologies into practical solutions that improve people's health and enable them to "do things" throughout the lifespan. The MIT AgeLab is a multidisciplinary research program that works with businesses, government, and NGOs to improve the quality of life of older people and those who care for them.

- **ChangingAging**

Explore the views of Dr. Bill Thomas and others who challenge traditional views of aging.

- **Milken Institute's Center for the Future of Aging**

The mission of the center is to improve lives and strengthen societies by promoting healthy, productive, and purposeful aging.

- **Stanford Center on Longevity**

The mission of the Stanford Center on Longevity is to accelerate and implement scientific discoveries, technological advances, behavioral practices, and social norms so that century long lives are healthy and rewarding.

CARE RESOURCES

| End of Life Planning and Care

- **Five Wishes**

Five Wishes is an advance directive created by the non-profit Aging with Dignity, which is written in everyday language. It has reached 25 million people and is available in 28 different languages. It covers areas that are personal and spiritual in addition to medical and legal. Users can also describe what good care means to them. It is available in print and online to share.

- **National Academy of Elder Law Attorneys (NAELA)**

NAELA, founded in 1987, is a professional association of attorneys dedicated to improving the quality of legal services provided to people as they age. The website is geared toward attorneys, but includes consumer information and a tool to search for an elder law attorney in your community.

- **The Conversation Project**

The Conversation Project is dedicated to helping people talk about their end of life wishes. Founded in 2010 by Boston Globe columnist Ellen Goodman, the idea is to enable families to talk about the way they want to live at the end of their lives—at the kitchen table rather than in a crisis in intensive care at a hospital. The website contains helpful information about talking to loved ones, as well as a starter kit to help people get their thoughts together and then have the conversation.

| Caregivers

- **AARP Blog**

- **Caregiver Action Network**

Caregiver Action Network is the nation's leading family caregiver organization working to improve the quality of life for the more than 90 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age.

- **CaringRoad Support Network**

The CaringRoad Support Network will help you meet other family caregivers who understand and empathize with how difficult it is to sustain this important role.

- **Eldercare Locator**

The Eldercare Locator, a public service of the Administration on Aging, U.S. Department of Health and Human Services, is a nationwide service that connects older Americans and their caregivers with information on senior services.

- **Family Caregiver Alliance**

Founded in 1977, Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home. Long recognized as a pioneer in health services, FCA now offers programs at national, state, and local levels to support and sustain caregivers.

| Home Care and Hospice Care

- **Caring Connections**

Caring Connections, a program of the National Hospice and Palliative Care Organization (NHPCO), is a national consumer and community engagement initiative to improve care at the end of life. Since 2004, Caring Connections has provided more than 1.3 million advance directives to individuals free of charge.

- **Medicare Home Health Compare**

Medicare Home Health Compare is a resource for finding home health care services.

- **National Association for Home Care and Hospice**

NAHC is the nation's largest trade association representing the interests and concerns of home care agencies, hospices, home care aide organizations, and medical equipment suppliers. Simply put, NAHC is the one organization dedicated to making home care and hospice providers' lives easier.

| Long-Term Care

- **Eden Alternative**

Provides information about the Eden Alternative, which is a philosophy of aging and long-term care. The website explains the concept, identifies care alternatives, and is a resource for finding care that follows their principles of long-term care.

- **LongTermCare.gov**

This web-based resource, published by the U.S. Administration on Aging, provides basics on long-term care. Topics include subjects such as who will need care, how much care will be needed, who will provide care, and a glossary of care. The cost of care figures are somewhat out of date, but are good resources for consumers and those wanting basic information.

- **National Clearinghouse for Long-Term Care**

The U.S. Department of Health and Human Services developed this website to provide information and resources to help you and your family plan for future long-term care needs. Helps you to understand what long-term care is, how and where you can get information and services you need - now or in the future, and how to pay for services.

| Other Housing Resources

- **AGIS Network – AssistGuide Information Services**

AGIS Network connects government agencies, employers, service providers, and families in the eldercare and disability communities.

- **American Seniors Housing Association**

The American Seniors Housing Association provides leadership for the seniors housing industry on legislative and regulatory matters, advances research, education, and the exchange of strategic business information, and promotes the merits of seniors housing.

- **CCAL – Advancing Person-Centered Living**

Person-centered living (PCL) is a way of life centered on personal preferences and values that stress dignity, choice, self-determination, and individuality. Many of our nation’s aging and disability services and support have been all too lacking in understanding the need for this humanistic dimension.

- **Craigslist**

- **Guide to Retirement Living Sourcebook**

Guide to Retirement Living SourceBook was founded by Steve Gurney in 1990 to provide individuals, families, and professionals with the most comprehensive listing of every retirement community, assisted living, nursing and rehab center, and home care option in DC, Northern Virginia, and Suburban Maryland.

- **LeadingAge**

To expand the world of possibilities for aging, LeadingAge members and affiliates touch the lives of 4 million individuals, families, employees, and volunteers every day. The LeadingAge community includes 6,000 not-for-profit organizations in the United States, 39 state partners, hundreds of businesses, research partners, consumer organizations, foundations, and a broad global network of aging services organizations that reach over 30 countries.

- **National Association of Home Builders**

NAHB is a trade association that helps promote the policies that make housing a national priority. Since 1942, NAHB has been serving its members, the housing industry, and the public at large.

- **Retirement Living Information Center**

RetirementLiving.com, operated by the Retirement Living Information Center, is a convenient, easy-to-use resource designed to assist individuals in planning and making decisions about their retirement. The information offered is of particular value when deciding whether or not to move, and if so, finding the right location, lifestyle, and housing opportunity.

- **Sperling’s Best Places**

Many websites try to determine the “best places” to live.

- **The University of Michigan Library**

There is a great deal of information available about the cost of living in a particular area including “calculators” on the web. The University of Michigan Library site provides a recent collection of information resources based on government surveys and other reasonably reliable sources.

| Care Managers

- **Aging Life Care Association**

The Aging Life Care Association (ALCA) is a nonprofit association with over 2,000 members. Its mission is to lead the community of Aging Life Care Professionals™ through education, professional development, and the highest ethical standards.

- **NASW (National Association of Social Workers)**

The National Association of Social Workers (NASW) is the largest membership organization of professional social workers in the world, with 145,000 members. NASW works to enhance the professional growth and development of its members, to create and maintain professional standards, and to advance sound social policies.

| Nursing Homes

- **Medicare Nursing Home Finder**

Nursing Home Compare has detailed information about every Medicare and Medicaid-certified nursing home in the country. Before you get started, you or your family member may have other long-term care choices like community-based services, home care, or assisted living depending on your needs and resources.

- **National Association of Local Long-Term Care Ombudsman**

The purpose of the National Association of Local Long-Term Care Ombudsmen is to organize and provide a common voice for professional long-term care ombudsmen.

- **National Association of Long-Term Care Ombudsman Resource Center**

The National Long-Term Care Ombudsman Resource Center provides support, technical assistance, and training to the 53 State Long-Term Care Ombudsman Programs and their statewide networks of almost 600 regional (local) programs. The Center's objectives are to enhance the skills, knowledge, and management capacity of the State programs to enable them to handle residents' complaints and represent resident interests (individual and systemic advocacy). Funded by the Administration on Aging (AoA), the Center is operated by Consumer Voice, The National Consumer Voice for Quality Long-Term Care, in cooperation with the National Association of States United for Aging and Disabilities (NASUAD).

- **Senior Living.net**

SeniorLiving.Net is your online guide for selecting nursing homes, also known as skilled nursing facilities or skilled nursing communities.

- **The Green House Project**

A website that describes the green house care model that revolves around homes designed for 10-12 residents providing the comfort of private rooms combined with the family-like atmosphere of open common spaces. Learn about the concept and find a greenhouse home.

HEALTH RESOURCES

| Medicare and Medicaid

- **BenefitsCheckUp**

Many adults over 55 need help paying for prescription drugs, health care, utilities, and other basic needs. There are over 2,000 federal, state, and private benefits programs available to help, but many people do not know these programs exist.

- **Centers for Medicare and Medicaid**

An organization that operates the Medicare and Medicaid programs. It provides additional information for providers and professionals not found at medicare.gov.

- **Kaiser Family Foundation**

Comprehensive downloadable Medicaid resource book available at the Kaiser Family Foundation website.

- **Medicare.gov**

Official U.S. Government site for people with Medicare.

- **Medicare.gov – Costs**

A page at the Medicare site offering information on assistance with medical and prescription drug costs.

- **National Council on Aging (NCOA) Medicare Matters**

This section of the NCOA website helps you understand Medicare.

| Health Links from the CDC

- **Advanced Care Planning**

- **Advanced Care Planning Resources**

- **Alcohol Use**

- **Alzheimer’s Disease**

- **Arthritis**

- **Brain Health**

- **Breast Cancer**

- **Cancer**

- **Cholesterol**

- **Clinical Preventive Services**

- **Depression**

- **Diabetes**

- **Falls**

- **Hearing Loss**

- **Heart Disease**

- **High Blood Pressure**

- **Medicare**

- **Mental Health**

- **Nutrition**

- **Obesity**

- **Oral Health**

- **Physical Activity**

- **Stroke**

- **Vision Loss**

| Health

- **Alliance for Aging Research**

The Alliance for Aging Research is the nation’s leading non-profit organization dedicated to supporting and accelerating the pace of medical discoveries to vastly improve the universal human experience of aging and health.

- **American Federation for Aging Research**

For 30 years, the American Federation for Aging Research (AFAR) has supported the science of healthier aging. AFAR has played a major role in advancing knowledge of aging and mechanisms of age-related disease by providing grants to more than 2,800 talented scientists.

- **Mayo Clinic**

Mayo Clinic is a nonprofit worldwide leader in medical care, research, and education for people from all walks of life. Doctors from every medical specialty work together to care for patients, joined by common systems and a philosophy of “the needs of the patient come first.” Mayo Clinic is governed by a 33-member Board of Trustees.

- **Meals on Wheels**

Includes a search directory to find local Meals on Wheels organizations.

- **NIHSeniorHealth**

Health and wellness information for older adults from the National Institutes of Health.

- **The American Geriatrics Society**

The American Geriatrics Society (AGS) is a not-for-profit organization of over 6,000 health professionals devoted to improving the health, independence, and quality of life of all older people. The Society provides leadership to healthcare professionals, policy makers, and the public by implementing and advocating for programs in patient care, research, professional and public education, and public policy.

| Exercise and Healthy Living

- **50Plus.org**

For people 50 years and older, staying fit and healthy becomes more important than ever. As the body ages, it loses its ability to bounce back from unhealthy lifestyles the way it could in younger days.

- **AARP – Healthy Living**

AARP is a nonprofit, nonpartisan organization, with a membership of more than 37 million, that helps people 50+ have independence, choice, and control in ways that are beneficial to them and society as a whole.

- **Eat Right – Academy of Nutrition Dietetics**

The Academy of Nutrition and Dietetics is the world’s largest organization of food and nutrition professionals. The Academy is committed to improving the nation’s health and advancing the profession of dietetics through research, education, and advocacy.

- **Health and Aging – NIH**

Get moving! This 120-page guide describes the benefits of exercise and physical activity for older people. Learn how to set exercise goals and stick to them. Includes sample exercises for endurance, strength, balance, and flexibility, and a list of resources.

- **Modified MyPyramid for Older Adults – Tufts University**

Tufts University researchers have updated their Food Guide Pyramid for Older Adults to correspond with the new USDA food pyramid, now known as MyPyramid. The Tufts version is specifically designed for older adults and has changed in appearance and content. The Modified MyPyramid for Older Adults continues to emphasize nutrient-dense food choices and the importance of fluid balance, but has added additional guidance about forms of foods that could best meet the unique needs of older adults and about the importance of regular physical activity.

FINANCIAL RESOURCES

| Financial Resources

- **Consumer Finance Protection Bureau (CFPB) Money Smart for Older Adults**

CFPB produces a variety of educational tools about saving and handling money, studies how consumers interact with financial products and services, and conducts research on financial literacy. It also has tools and information to help older people with financial challenges. There is a resource guide for consumers called Money Smart for Older Adults—Prevent Financial Exploitation curriculum. It is also available as a training module for instructors. CFPB also publishes a guide called Managing Someone Else’s Money guides for agents under power of attorneys, guardians, and trustees, as well as additional resources for older persons.

- **Federation of Tax Administrators**

This is a particularly useful website that provides comparative tax information.

- **FINRA – Designations**

FINRA’s professional designation database.

- **NASAA’s Investor Alert**

Information regarding professional designations is available through NASAA’s Investor Alert.

- **National Council on Aging (NCOA) Economic Checkup**

This section of the NCOA website offers resources related to budgeting, retirement, and employment tools.

- **North American Securities Administration Association (NASAA)**

The North American Securities Administrators Association (NASAA) also has helpful information available for seniors on its website.

- **SEC - Designations**

The SEC's information on professional designations.

- **The Financial Industry Regulatory Authority (FINRA)**

FINRA also provides important information for senior investors. Its website has such items as Broker Check, which gives you the ability to look up the history of your investment professional to see if they have prior complaints or problems. FINRA's website also has tools and resources to protect senior investors and help them make informed investment decisions, including "Investor Alerts" that provides timely information on steering clear of investment scams and problems instead of just dealing with their aftermath.

- **U.S. Securities and Exchange Commission (SEC) - For Seniors**

Information for senior investors from the SEC.

- **Women's Institute for a Secure Retirement (WISER)**

Founded in 1996, WISER is a non-profit organization that works to help women educators and policymakers understand the issues surround women's retirement income. WISER creates a variety of consumer publications including fact sheets, booklets, and a quarterly newsletter that explains the issues surrounding Social Security, pay equity, savings and investments, home ownership, divorce and widowhood, long-term care, and financial abuse, among other topics.

| Social Security

- **Social Security Administration**

Official Site of the Social Security Administration.

- **Social Security Calculators**

Online calculators to help calculate benefits. Even though the Social Security Administration sends out benefit statements, the benefit calculators can be helpful if an individual is planning to stop work before benefits begin or if they are planning to substantially increase or decrease employment income before benefits begin.

- **U.S. Government Guide to Understanding Social Security Benefits**

LEGAL RESOURCES

| Age Discrimination

- **Equal Employment Opportunity Commission (EEOC)**

The U.S. Equal Employment Opportunity Commission (EEOC) is responsible for enforcing federal laws that make it illegal to discriminate against a job applicant or an employee because of the person's race, color, religion, sex (including pregnancy), national origin, age (40 or older), disability, or genetic information. It is also illegal to discriminate against a person because the person complained about discrimination, filed a charge of discrimination, or participated in an employment discrimination investigation or lawsuit.

| Elder Abuse

- **Consumer Finance Protection Bureau (CFPB)**

CFPB offers tools and information to help older people with financial challenges. There is a resource guide for consumers called Money Smart for Older Adults—Prevent Financial Exploitation curriculum. It is also available as a training module for instructors. CFPB also publishes a guide called Managing Someone Else's Money guides for agents under power of attorneys, guardians, and trustees, as well as additional resources for older persons.

- **National Adult Protective Services Association (NAPSA)**

Adult Protective Services (APS) is a social services program provided by state and local governments nationwide serving seniors and adults with disabilities who are in need of assistance. APS workers frequently serve as first responders in cases of abuse, neglect, or exploitation, working closely with a wide variety of allied professionals, including those in financial services. This is a good source for information on what APS does and the reporting process.

- **National Center on Elder Abuse**

The National Center on Elder Abuse (NCEA) serves as a national resource center dedicated to the prevention of elder mistreatment. First established by the U.S. Administration on Aging (AoA) in 1988 as a national elder abuse resource center, the NCEA was granted a permanent home at AoA in the 1992 amendments made to Title II of the Older Americans Act. To carry out its mission, the NCEA disseminates elder abuse information to professionals and the public, and provides technical assistance and training to states and to community-based organizations. The NCEA makes news and resources available on-line and an easy-to-use format, collaborates on research, provides training, identifies and provides information about promising practices and interventions, operates a listserv forum for professionals, and provides subject matter expertise on program and policy development.

- **NCEA – State Directory of Helplines, Hotlines, and Elder Abuse Prevention Resources**

State reporting numbers, government agencies, state laws, state-specific data and statistics, and other resources. Click on the state or territory to see directory listing.

| Legal Services

- **Administration on Aging (AoA)**

The Administration on Aging (AoA) is the Federal agency responsible for advancing the concerns and interests of older people and their caregivers. AoA works with and through the Aging Services Network to promote the development of a comprehensive and coordinated system of home and community-based long-term care that is responsive to the needs and preferences of older people and their family caregivers. AoA is part of the Department of Health and Human Services and is headed by the Assistant Secretary for Aging, who reports directly to the Secretary.

- **Legal Services Corporation**

LSC is the single largest funder of civil legal aid for low-income Americans in the nation. Established in 1974, LSC operates as an independent 501(c)(3) nonprofit corporation that promotes equal access to justice and provides grants for high-quality civil legal assistance to low-income Americans. LSC distributes more than 90 percent of its total funding to 134 independent nonprofit legal aid programs with more than 900 offices.

- **The Center for Social Gerontology**

The Center for Social Gerontology, Inc. (TCSG), since its inception in 1972, has been a non-profit research, training, and social policy organization dedicated to promoting the individual autonomy of older persons

and advancing their well-being in society. TCSG has pursued this goal through a wide variety of projects, including serving since 1985 as an Administration on Aging-funded National Support Center in Law & Aging.

- **The National Academy of Elder Law Attorneys (NAELA)**

The National Academy of Elder Law Attorneys, Inc. (NAELA) was founded in 1987 as a professional association of attorneys who are dedicated to improving the quality of legal services provided to people as they age and people with special needs. The NAELA membership is comprised of attorneys in the private and public sectors who deal with legal issues affecting people as they age and people with disabilities.

MISCELLANEOUS RESOURCES

| Computers

- **SeniorNet**

SeniorNet is a 501(c)3 nonprofit organization of computer-using adults, age 50 and older that offers on-line courses as well as maintains 240 computer learning centers around the U.S.

| Grief and Loss

- **AARP**

AARP's Grief and Loss resource center.

- **Hospice Foundation of America**

Hospice Foundation of America provides leadership in the development and application of hospice and its philosophy of care with the goal of enhancing the U.S. health care system and the role of hospice within it.

| Senior Women's Health

- **ThirdAge.com**

ThirdAge Inc. is a leading online life stage media, marketing, and consumer insight company exclusively focused on serving "boomer & beyond" women.

| Directories

- **AXA Equitable**

Directory of organizations and services from AXA Advisors.

- **USA.gov - Retirement**

The official U.S. electronic gateway to all U.S. government information on seniors.

| Senior Driving

- **GrandDriver - American Association of Motor Vehicle Administrators**

GrandDriver is urging the public – particularly drivers over 65 and their adult children – to learn more about the effects of aging on our ability to drive and to talk about these issues. The buttons on the left side of the page will take you to websites that will provide information on the signs that your driving may be

affected, what you can do to remain a safe driver, and places you can turn if you need assistance. These should help you and your loved ones continue to “get around safe and sound.”

- **Senior Driving - AAA**

This website is intended to provide users with general information to help them better understand the traffic safety implications of certain health conditions and human behaviors. The information is not medical advice. Consult with your doctor before altering any medications or driving, or if you have specific medical questions or think you may be suffering from any medical condition. The American Automobile Association, Inc., its affiliated motor clubs, and the AAA Foundation for Traffic Safety assume no liability for, and make no representations or warranties – express or implied – with respect to, the information on this website.

| Working During Retirement

- **AARP Work and Retirement**

Articles, tools for reimagining a new job or career, and even some job opportunities.

- **Real Success Resource Center**

Retirement jobs include both part-time and full-time activities. In addition, starting a new small business is an option for some retirees. Retirement Jobs and Retirement Businesses at the Real Success Resource Center is a great tool for researching about working during retirement.



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